

ONLINE COURSES • Classes run once weekly on day and dates indicated.

## STUDENT EXPECTATIONS to Attend WSCC ONLINE Courses

- Please have the Zoom app downloaded and working on your device. Instructors will email the class link prior to the class start (the day before or the morning of the first class).
- Please have a good Internet connection in your class space to ensure that your device will hold the online connection for the duration of the class.
- Please be in a space that is appropriate as class space – one without distractions to your classmates and the instructor. This also includes having adequate space for the course subject, including space to move around during a fitness course, to work during an art course, etc.
- Please follow all guidelines given by the instructor – these will vary depending upon the class.
- Each person attending the course must have a paid registration.

### 1) WATERCOLOR FOR EVERYONE

6 weeks TUESDAYS (3/8-4/12) • Tuition: \$54 (materials EXTRA)\*\*

All levels welcome. Learn varied watercolor techniques and styles.

Individualized instruction and step-by-step demonstrations are offered. Students will pay \$15 to the instructor for supplies.

**Instructor:** Joanne Dozor has studied with local greats such as Dominic DiStefano, Phil Blank, Jane Miluski and Josephine Tsai. Her passion for watercolor has resulted in many sales in her Surf City, NJ gallery, *Firefly*.  
ONLINE • 7:00-9:00pm • Limit 16

### 2) BEGINNING ITALIAN

8 weeks MONDAYS (3/7-4/25) • Tuition: \$50

This is a course for beginners and those who wish to review. While focusing on what is useful for travel, we will learn the basics of grammar and work on listening, understanding and pronunciation. Textbook is "Italian Conversation: Practice Makes Perfect" by Marcel Bonasi (McGraw-Hill).

**Instructor:** Tony D'Addono spoke Italian at home while growing up. He studied Italian at Neumann University and with Sal Faro at WSCC. He has studied all aspects of Italian grammar for fifteen years. He is passionate about the language and culture and has traveled to Italy seven times.

ONLINE • 6:00-7:00pm • Limit 10

### 3) ITALIAN II

8 weeks TUESDAYS (3/8-4/26) • Tuition: \$50

For those familiar with the basics and ready to move ahead. We will be studying the text of "Omicidio Nel Castello" by Loredana LaCifra (book and CD set available on Amazon), focusing on reading, comprehension and pronunciation.

**Instructor:** See #2.

ONLINE • 1:00-2:00pm • Limit 10

### 4) EGYPT ANCIENT & MODERN SITES, CULTURE AND LANGUAGE

6 weeks MONDAYS (3/7-4/11) • Tuition: \$56\*\*

This course will present some of the many historical sites of Egypt from pharaonic, Greco-Roman, Coptic and Islamic eras. Students will learn about cultural aspects of each period with an introduction to the language. Enjoy this overview of Egypt given by an Egyptian specialist.

**Instructor:** Sherin Motawea is Egyptian born with a BS in Egyptology, a Master's degree in Museum and Heritage Studies, and is currently getting a MEd degree in Secondary Education at Widener University.

ONLINE • 7:30-9:00pm • Limit 20

### 5) INTRODUCTION TO DIGITAL PHOTOGRAPHY

4 weeks MONDAYS (3/7-3/28) • Tuition: \$45

New to photography? New to digital? New camera? We'll cover camera operations and use, exposure, composition and an overview of picture optimization in Photoshop!

**Instructor:** Steven Goldblatt has been a pro photographer for over 40 years, doing everything from newspaper and magazine to travel/landscape, advertising, fashion, and now mostly real estate, wedding and portraiture. He has been teaching Photography and Photoshop at Temple University for over twenty years and teaches at the Greater Norristown Art League and in the North Penn SD.

ONLINE • 7:00-9:00pm • Limit 12

### 6) PHOTO EDITING: AN INTRODUCTION TO PHOTOSHOP

4 weeks MONDAYS (4/4-4/25) • Tuition: \$45

Whether you use a cell phone or \$6000 camera, photoshop can make 98% of your photos look better! Combining photos, adding text, fixing colors, removing people or objects from family pictures, scanning original films or prints...if you can think of it, Photoshop can do it! If students do not have Photoshop for the first class, the instructor will tell them how to install it on their device.

**Instructor:** See #5.

ONLINE • 7:00-9:00pm • Limit 12

### NEW CLASS IDEAS?

*If you have suggestions for classes you would like to take or that you can teach, please email us at [wscclclasses@gmail.com](mailto:wscclclasses@gmail.com).*

ONLINE COURSES • Classes run once weekly on day and dates indicated.

### 7) PILATES FOR AGING GRACEFULLY

8 weeks MONDAYS (3/7-5/2; NO class 4/25) • Tuition: \$50

This class is designed to meet the needs of the older adult who may be at risk of bone loss. Balance activities, proper breathing, postural and abdominal strengthening, pelvic floor education and mindfulness meditation will be incorporated into the lesson. A chair and mat are recommended. Props (hand weights, small ball, stretchy band) may be used to enhance the work.

**Instructor:** Maureen Fleagle has been a Physical Therapist for almost 40 years and specializes in Women's Health. She has taught Pilates with WSCC for 16 years and enjoys the experience of helping individuals stay strong, energetic and age with grace.

ONLINE • 9:00-10:00am • Limit 40

### 8) PILATES MAT: LEVEL I

8 weeks MONDAYS (3/7-5/2; NO class 4/25) • Tuition: \$50

Discover a way to reduce back pain, improve posture and energize your lifestyle. This beginner class focuses on the fundamentals of Pilates along with basic mat movements. The sequence of movements follows the traditional Pilates method. A cushioned Pilates mat is recommended.

**Instructor:** See #7.

ONLINE • 5:00-6:00pm • Limit 40

### 9) PILATES MAT: LEVEL II

8 weeks MONDAYS (3/7-5/2; NO class 4/25) • Tuition: \$50

Have you already taken the first level Pilates class at WSCC or had a beginner session of mat Pilates elsewhere? If so, come and join this Level II class, which incorporates movement beyond the fundamentals to enhance core strength, increase flexibility and strengthen the student's practice. Props may be used to enhance the work. Use of a cushioned Pilates mat is highly recommended.

**Instructor:** See #7.

ONLINE • 6:10-7:10pm • Limit 40

### 10) HATHA YOGA

8 weeks THURSDAYS (3/10-4/28) • Tuition: \$50

We will explore breath and posture work. Poses will include variations to accommodate every individual. Each session will end with Savasana or seated meditation.

**Instructor:** Jenn Walsh has been leading yoga classes since 2015. She hopes to provide cues and suggestions to enable individuals to explore their own beautiful practices safely.

ONLINE • 6:00-7:00pm • Limit 20

### 11) MEMORY KEEPER

5 weeks THURSDAYS (3/10-4/7) • Tuition: \$34

We all have a story to tell and a responsibility to share our memories with the next generation. Learn the writing process, including how to keep your memories and how to publish your memoir. Students will need the book, *Realize Your Writing Dreams*, which can be purchased in e-book or paperback, or mailed by the instructor (cost ranges from \$5-20).

**Instructor:** Doreen McGettigan is the bestselling author of three books, ghostwriter of seven books and an award-winning blogger. She has travelled the country presenting workshops on the business of writing books at business and writing conferences. As a Past Press Club board member she chaired and facilitated their Professional Development workshop series.

ONLINE • 6:30-8:00pm • Limit 15

### 12) TOTE IN STYLE

5 weeks FRIDAYS (3/18-4/15) • Tuition: \$34 (materials EXTRA)\*\*

Beginning and experienced quilters will piece, sew and quilt a stylish tote bag with pockets. Precut kits will be purchased for \$32 from the teacher in choice of color. This class is not for beginning sewers, but for students who have sewn but not quilted. Each student must be proficient in the use and maintainance of their own sewing machine. The instructor encourages personal creativity and finds zoom is a great way to quilt right at home. She provides a list of needed supplies and good written instructions, as well as demonstration by zoom, where each student can easily see her excellent demonstrations.

**Instructor:** Alicia Ruley-Nock is an award-winning, self-taught fiber artist. Her influence comes from nature's elements, colors and textures. Her work has appeared in shows and exhibits nationwide.

ONLINE • 10:00-11:30am • Limit 10

### 13) RETIREMENT INCOME AND WITHDRAWAL STRATEGIES

2 weeks THURSDAYS (3/10-3/17) • Tuition: \$28

Having saved diligently for retirement, attendees will focus on how to maintain your current lifestyle after you stop working. We will discuss common withdrawal strategies, the 4% rule, Roth Conversions, annuities, tax strategies and more. Investing in retirement is different. Arm yourself with the best strategies to maximize your savings, so ultimately you can focus on other areas of your retirement!

**Instructors:** Andrew Herron and Kevin Manning are Certified Financial Planners and the founding members of Stone Pine Financial Partners located in Media, Pa. They have over 30 years combined experience helping individuals and families transition to retirement.

ONLINE • 6:30-8:30pm • Limit 25

### WHAT IS YOUR SOCIAL SECURITY STRATEGY?

**TWO Sections – register for either date!**

**14) 1 week THURSDAY (3/24) • Tuition: \$13**

**15) 1 week MONDAY (4/4) • Tuition: \$13**

Social Security is simple if you worked long enough and were never married. When you add two-incomes and/or divorce into the mix decisions become complicated. Making wrong decisions can result in less income for the rest of your life. This course addresses common but complex situations, including: how to give your check a government-guaranteed boost; how marital status affects benefits; how a spouse's filing status affects benefits. Learn strategies to maximize benefits.

**Instructors:** Michael Wahl has worked in the field for 49 years. His partner, Dan Batty, has been in the field for 29 years.

ONLINE • 6:30-8:30pm • Limit 25

### 16) CREATIVE WRITING WORKSHOP

8 weeks MONDAYS (3/7-5/2; NO class 4/11) • Tuition: \$73

Open to all levels, this workshop provides a supportive environment for writers to discover their unique voices. We write in notebooks on prompts that lend themselves to fiction, creative non-fiction, poetry, and memoir while examining the elements of plot, characterization, dialogue, and description.

**Instructor:** Louise S. Bierig graduated from the University of Iowa's Undergraduate Writers' Workshop. She has published her short stories and essays in *The Philadelphia Inquirer*, *Peregrine Journal*, *Philadelphia Stories* and *The Swarthmorean*. She leads the Lansdowne Writers' Workshop and is writing a novella.

ONLINE • 7:00-9:00pm • Limit 12

IN-PERSON COURSES • Classes run once weekly on day and dates indicated.

The following courses will be held IN-PERSON at the Park Avenue Community Center @Swarthmore United Methodist Church, 129 Park Avenue, Swarthmore. WSCC will follow all facility COVID-related requirements regarding masks, vaccinations, etc.

PAC Center-SUMC is requiring non-vaccinated people to wear masks in their facility. As it is not possible to wear a mask while wine- and beer-tasting, ***everyone taking the WSCC wine and beer courses must be fully vaccinated against COVID-19.*** We ask that our students respect and oblige by this policy.

## BEER BREWING

Students must be 21 or older to take this course.

### 17) HOMEBREWING CRAFT BEER

4 weeks WEDNESDAYS 3/9-3/23 and SATURDAY 3/26 • Tuition: \$36\*\*

You can brew your own Craft Beer at home! Come and learn about the art and science of brewing beer from a home brewer's perspective. We will taste some homebrews in class as we talk about the supplies, equipment and techniques needed for you to successfully brew at home. In our final class we will brew a batch of beer together at the instructor's home in Swarthmore.

**Instructor:** Brian Weir is a retired science teacher and former ice cream manufacturer who has successfully brewed hundreds of batches of beer over the past 6 years for family and friends.

PAC Center-SUMC Centennial Room & Instructor's home

• 7:00-8:30pm • Limit 12

## WINE TASTING

Students must be 21 or older to take these courses.

### 18) WINES OF SOUTHERN ITALY

1 week TUESDAY 3/22 • Tuition \$50\*\*

Southern Italian wine has long taken a back seat to the quality and popularity of its Northern neighbors. Modern winemaking techniques such as grape selection and vineyard management have helped in the struggle to overcome what was a considered average quality, low recognition wine. Planting the right grape in the right location, restricting yields, harvesting at the right time, and the introduction of expert consultants has made all the difference. The same grapes have flourished in different locations, producing much higher quality. Relatively unknown grapes like Nerello, Mascalese and Grillo have come into fashion again. We will be tasting wines from Campania, Sicilia, Puglia, and other Southern regions so you can become more familiar with them and their rising popularity.

### 19) BORDEAUX

1 week TUESDAY 4/19 • Tuition \$50\*\*

Bordeaux has been the focus of the wine world for hundreds of years. Unfortunately, for most of us the prices are out of reach. It's always a challenge to put a group of wines together for a tasting that are reasonably priced and high quality. Bordeaux is all about innovation and keeping themselves on the top of the wine world. It is a leader in technological innovation, clone selection, soil research, curbing pesticides and fungicides as well as lowering its carbon footprint and water usage. As a result of climate-caused changes they have allowed use of six new non-native grapes to meet this challenge. Grapes from the warmer climates of Spain and Portugal have been introduced. We may not see these new grapes for some time, but the focus of this change is to compete in the world wine market. Join us as we attempt to navigate the new landscape of Bordeaux's regions with an eye toward value driven high quality wines.

**Instructors:** Richard Unti and Robert Peters have taught at the Main Line School, Temple U. (Ambler Campus) and the Restaurant School at Walnut Hill. They are members of the Society of Wine Educators.

PAC Center-SUMC Centennial Room • 7:30-9:30pm • Limit 36

WSCC has been educating our community for 57 years! Join the fun –

\* REGISTER TODAY \*

[www.wscclclasses.org](http://www.wscclclasses.org)

***Please note: courses are for ADULTS only over 18 years.***

WSCC is a nonprofit corporation dedicated to providing low-cost education classes for ADULT residents of the area.

\*\* Tuition includes the cost of course materials unless noted that materials are EXTRA.

Classes are NOT sponsored by the Wallingford-Swarthmore School District.

Please do not contact District offices or other facilities with any questions, as they do not have information about classes.

FOR INFORMATION ABOUT WSCC COURSES: [wscclclasses@gmail.com](mailto:wscclclasses@gmail.com) or 610-566-5786.

IN-PERSON COURSES • Classes run once weekly on day and dates indicated.

### IN-PERSON COURSE LOCATIONS

*MASKING REQUIRED at both facilities*

SBH = SWARTHMORE BOROUGH HALL, 121 Park Avenue, Swarthmore  
PAC Center-SUMC = Park Avenue Community Center @Swarthmore United Methodist Church, 129 Park Avenue, Swarthmore

**WSCC will follow all facility COVID-related requirements regarding masks, vaccinations, etc.**  
**Please ensure that you can meet current requirements. All WSCC course registrations are final.**

#### 20) GATSBY ON FILM

5 weeks WEDNESDAYS (3/9-4/6) • Tuition: \$45

When F. Scott Fitzgerald died in 1940, 15 years after the publication of *The Great Gatsby*, his novel was essentially out of print. This class will review how this nearly forgotten novel became a literary classic by reviewing three film versions. We will watch and compare the three films to one another, and try to determine which of the three, if any, faithfully portrayed the characters and events in the novel.

**Instructor:** John Morrison holds a BA in History from West Chester University. He is a life-long reader and lover of films. He has read *The Great Gatsby* every few years since high school. He has also led many discussions on National Parks and the History of England at Strath Haven Condominium meetings.

SBH Council Room • 1:00-3:00pm • Limit 20

#### 21) BEGINNING CROCHET: HALF-DOUBLE CROCHET HAT

5 weeks MONDAYS (3/14-4/18; NO class 4/11) • Tuition: \$34

Make a hat using the half-double crochet stitch. Students will learn to make a hat to fit their heads and follow a crochet pattern.

**Instructor:** Lisa Jacobs is a published knitting designer and fiber artist. She learned to sew and embroider when she was four and has had a needle in her hands ever since.

SBH Community Room • 12:30-2:00pm • Limit 15

#### 22) BEGINNING EMBROIDERY: FILLING STITCH PENDANTS

5 weeks WEDNESDAY (3/16-4/20; NO class 4/13) • Tuition: \$34

Explore six different filling stitches (buttonhole, couching, fishbone, seeding, fly, and woven wheel stitches) while making four unique pendants or ornaments that will be perfect for gifts.

**Instructor:** See #21.

SBH Community Room • 12:30-2:00pm • Limit 15

#### 23) BEGINNING MAH JONGG

8 weeks MONDAYS (3/7-4/25) • Tuition: \$73

Play the entertaining and challenging game of Mah Jongg! Learn the basics and game strategy. Play full games with instructor support. Mah Jongg cards will be provided.

**Instructor:** Amy Graham has been playing Mah Jongg for over 20 years and has been teaching the game for the past several years.

PAC Center-SUMC Parlor Room • 7:00-9:00pm • Limit 12

#### 24) FAMOUS (AND NOT SO FAMOUS) FIRSTS – Part II

8 weeks MONDAYS (3/7-4/25) • Tuition: \$55\*\*

We will continue to explore the early works of classical composers, some famous, others not as well known. We will often compare these with later, more mature musical compositions. Part I, completed in the Fall 2021, is not a prerequisite for this course.

**Instructor:** Bruce Bogdanoff was a piano soloist with the Philadelphia Orchestra. He is a writer and editor of program notes for their student concerts and a founding member of the Rose Valley Chamber Ensemble.

SBH Council Room • 1:00-2:30pm • Limit 25

#### 25) VOTING RIGHTS AND THE COURT: WHAT’S GOING ON?

5 weeks MONDAYS (3/7-4/4) • Tuition: \$34

The Roberts Court has transformed voting protections, given states more power to implement voter ID laws, and held extreme political gerrymandering nonjusticiable. How do we understand the right to vote?

**Instructor:** Carol Nackenoff holds a PhD from Univ. of Chicago and is Richter Professor Emeritus of Political Science at Swarthmore College, where she taught constitutional law, American politics and elections. PAC Center-SUMC Centennial Room • 7:30-9:00pm • Limit 20

#### 26) T’AI CHI CHIH: MOVING MEDITATION

8 weeks THURSDAYS (3/10-4/28) • Tuition: \$62

T’ai Chi Chih is often referred to as a moving meditation. Movements promote balance and relaxation. It is not a martial art, is non-violent, and is practiced for its many health benefits. Movements can be adapted while seated or for physical limitations.

**Instructor:** April Leffler has a Master’s degree in clinical psychology, is a Reiki Master, an accredited T’ai Chi Chih instructor and a member of The Foundation for Shamanic Studies. See [www.seek-peace.com](http://www.seek-peace.com). SBH Community Room • 9:30-10:45am • Limit 20

#### 27) BEYOND BEGINNER’S T’AI CHI CHIH

8 weeks TUESDAYS (3/8-4/26) • Tuition: \$62

This class is for anyone who has already taken a WSCC T’ai Chi Chih class and has been introduced to all of the moves. Due to students already being familiar with this form, we will be able to delve deeper into the nuances of the moves. Class will focus on ways to allow greater Chi flow with less effort. We will be sinking into the essence of T’ai Chi Chih.

**Instructor:** See #26.

SBH Community Room • 9:30-10:45am • Limit 20

#### 28) COUNTRY LINE DANCING

8 weeks THURSDAYS (3/10-4/28) • Tuition: \$50

If you are a beginner or have tried line dancing, come and learn the basic steps in Country Line Dancing. We’ll have lots of fun!

**Instructor:** Pepper Walling has 25 years experience teaching country line and couples dancing. She teaches weekly at the Wilmington Elks Lodge.

PAC Center-SUMC Park Avenue Room • 7:05-8:05pm • Limit 20

#### 29) BEGINNING BIRD ID

4 weeks THURSDAYS (4/21-5/12) • Tuition: \$34

Whether you are already birding or just starting to be interested in your backyard birds, here is an opportunity to learn and practice identifying birds by sight and song, as well as exploring local birding hotspots.

**Instructor:** Laura Matika has been birding since age 7. She has a BS in Biology from Purdue University and has worked in two nature centers, including as director of the Summer Nature Program at Pocono Lake Preserve.

SBH Community Room • 7:30-9:00am • Limit 20

### WSCC Seeks New Board Members!

Do you have a passion for lifelong learning and a knack for imagining interesting courses for like-minded adults? **Then consider becoming a WSCC Board member!** We are seeking energetic, thoughtful, and creative volunteers to continue the mission established by our founders in 1965 – to provide affordable educational and recreational classes for adults. We are especially looking for candidates who are enthusiastic social media users and can help manage WSCC social media platforms.

Please send a statement of interest and general qualifications to [wscclases@gmail.com](mailto:wscclases@gmail.com). Once we receive your inquiry we will contact you with details regarding the benefits, time commitments, and duties of board membership. Community participation is the key to our strength – we hope to hear from you!

#### BOARD of DIRECTORS

Peg Christensen Terry Heinrichs  
Jill Cortazzo Diane Scott  
Bruno Fanconi Jane Standish  
Carol Fanconi Lynn Meza, Registrar  
Joan Gallagher Tracy DiBonaventura, Administrator

### REGISTRATION for Courses

THE SPRING 2022 SEMESTER BEGINS MARCH 7<sup>th</sup>!

- **Most SPRING 2022 classes will be taught ONLINE via ZOOM; some will be taught IN-PERSON.**
- **REGISTER ONLINE at [www.wscclases.org](http://www.wscclases.org)** to immediately secure your spot in class, with a confirmation email sent.
- Online payments on the WSCC website are through PayPal — the registrant **DOES NOT need to have a PayPal account.**
- Please **REGISTER EARLY!** Classes with low enrollment may be cancelled.
- **BEFORE MAILING** a registration, check the list of CLOSED CLASSES on the website to ensure that the class has openings.
- To pay by check, **SEND SEPARATE CHECKS AND FORMS FOR EACH CLASS.** Additional forms can be printed from the website at <http://www.wscclases.org/how-to-register/> – under the “Mail-in Registration” section.
- When registering by MAIL you are enrolled in the class unless you hear otherwise.
- **NO REFUNDS** except for cancelled classes. Credits issued at the discretion of the Registrar before the semester begins.
- WSCC offers **ADULT-ONLY** education classes. Registration is restricted to adults 18 years or older.

✂ ~~~~~ ✂

**ONE COURSE per FORM – MAIL to WSCC, PO Box 141, Wallingford PA 19086**

Course Title \_\_\_\_\_ Course Number \_\_\_\_\_

Tuition \$ \_\_\_\_\_ x Number of People \_\_\_\_\_ = Total Enclosed \$ \_\_\_\_\_ Check # \_\_\_\_\_

Name \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

Additional Registrants (if paying for multiple people): \_\_\_\_\_

\_\_\_\_\_



PO Box 141  
Wallingford, PA 19086



RESIDENTIAL CUSTOMER

NON-PROFIT ORG.  
U.S. POSTAGE  
PAID  
WALLINGFORD, PA  
PERMIT NO. 194  
ECRWCEDDM  
CARRIER ROUTE  
PRESORT

TIME VALUE

**REGISTER ONLINE NOW TO SECURE YOUR SPOT IN CLASS: [www.wscclases.org](http://www.wscclases.org).**  
*See back page to register by mail.*

– Spring 2022 Classes Begin March 7th! –

After two semesters of adjusting our course offerings to run safely during the pandemic, WSCC continues to offer interesting courses while holding the health of our students and instructors as our top priority. The Spring 2022 classes are a combination of some in-person while others will continue on Zoom. We are grateful to have permission to resume running classes at Swarthmore Borough Hall, with some classes running again at Swarthmore United Methodist Church. Please be sure to read course listings carefully so that you know where and how the course will be taught.

We appreciate the support and flexibility of our instructors and students during these uncertain times, and we especially appreciate being welcomed back into some of our local facilities to run in-person classes. With this continued support of our entire community, WSCC looks forward to offering fun, engaging, low-cost adult education classes for many more years to come!

#### ONLINE classes via Zoom – brochure pages 1 and 2

*Please be prepared to meet the WSCC student requirements* to attend a Zoom course.  
See the section on Page 1: “Student Expectations to Attend WSCC Online Courses.”

#### IN-PERSON classes at the listed facility – brochure pages 3 and 4.

*WSCC will follow all facility COVID-related requirements regarding masking, vaccinations, etc.* Current policies are listed in the “In-Person Course Locations” section inside the brochure. Please check the WSCC website for any policy changes, to ensure that you can meet current requirements.

**All WSCC course registrations are final.**

*We will see you in class!*