DAYTIME CLASSES, SWARTHMORE BOROUGH HALL COMMUNITY ROOM, unless noted. DAYS and DATES SHOWN

33. NEW! GETTYSBURG: TOUR OF THE BATTLEFIELD1 wk • (3/22) • Tuition \$32

If you have always wanted to see where the most pivotal battle of the Civil War was fought—Gettysburg—this is your chance! The Battle of Gettysburg was the largest battle fought in the Western Hemisphere and resulted in over 51,000 casualties. The legacy of the battle was immortalized by Lincoln in his dedication of the National Cemetery there. Join an expert to tour the battlefield and focus on key points in the battle as well as key people and the decisions they made that shaped the battle. Tour the cemetery and explore its place in the national memory. Participants provide their own transportation and should bring a lunch. Dinner can be purchased at one of the restaurants in the town.

Instructor: Theodore Zeman received his Ph.D. from Temple U. in American Military History and specialized in the American Civil War. He has taught at St. Joseph U. since 2002 and also teaches at Holy Family U.

Sat. 10 am-4 pm (the instructor will notify where to meet him in Gettysburg)

34. EXPLORING MEDITATION

8 wks • (starts 3/3) • Tuition \$45

7 wks • (starts 3/3) • Tuition \$40

Meditation changes the way we live by teaching us to think differently. Begin with practices that tame the discursive mind and bring your awareness into the present moment with sitting and walking. Explore sensory awareness, listening, working with emotions, heart practices, and meditative contemplation. This course is for anyone interested in regular practice of meditation.

Instructor: See #8

Mon. 10:30-11:45 am • Limit 15

35. NEW! THEY LEFT US TOO SOON

Mozart, Chopin, Mendelssohn, Gershwin, and Schubert never reached their 40th birthdays. But how about Purcell, Bizet, Bellini, Butterworth, von Weber, and Lili Boulanger? Not to mention Karlowicz, Kalinnikov, Haas, Schulhoff, and many more. Explore their brief and productive musical lives while listening to their musical legacies.

Instructor: Bruce Bogdanoff was a piano soloist with the Philadelphia Orchestra. He is a writer and editor of program notes for their student concerts and a founding member of the Rose Valley Chamber Ensemble.

Mon. 1-2:30 pm

36. GENTLE YOGA 8 wks • (starts 3/4) • Tuition \$42

Gently warm up the body through subtle movements connected to breath, combined with Yin postures (seated), and relaxed asanas with longer holds. Move deeper into areas of the body, while guided through breathing and meditative techniques to quiet the mind. Perfect for stress reduction, increasing flexibility, and promoting spinal health. Bring a sticky yoga mat and extra large towel.

Instructor: Shiron Womack has been a certified yoga instructor since 2008. She teaches at the Healthplex.

Tues. 9:30-10:30 am • Limit 35

At Fellowship Hall in Wallingford Presbyterian Church, 110 E. Brookhaven Rd., Wallingford, PA 19086

37. NEW! INTRODUCTION TO THE IPHONE AND IPAD

2 wks • (4/15, 4/22) • Tuition \$20

Puzzled by that new, wonderful i-device you now have? Join this class to learn the basics of using your iPhone or iPad as well as some of the amazing things it can do for you beyond making phone calls or allowing you to send and receive emails.

Instructor: Dan Snyder is an enthusiastic, self-taught user of iPhones and iPads. He uses them for more than phone calls and email and enjoys helping others gain control of these gadgets.

Tues. 1–2:30 pm

38. NEW! "IT'S ALL SO MEANINGLESS," THE FILMS OF WOODY ALLEN

6 wks • (starts 3/4, no class 3/11, 4/8) • Tuition \$44

Take a dollop of romanticism, a dash of cynicism, a drizzle of angst, a cup of comedy. Slowly mix with biting satire. Bake for 90–120 mins. The result: a visual masterpiece by that neurotic nerd of American film, Woody Allen. View six of Allen's films and gain insight into his off-kilter view of American culture, customs and values. Discover how each relates to Allen's hallmark quip: "In the end, it's all so meaningless...."

Instructor: Richard Monastra has taught American History in senior high schools and community colleges in PA and NJ for 40+ years. He received a BA in history from LaSalle U., MA in American History from Temple U., and MA in Economics from Drexel U. He is a member of the Organization of American Historians and of professional educators' associations.

Tues. 1-3:30 pm

39. NEW! PHILADELPHIA THEATER

7 wks • (starts 3/5) • Tuition \$81

(includes tix to 3 plays; participants provide own transportation) Join this class for an exciting introduction to the vibrant theater scene in Philadelphia. Attend matinees of three amazing Philadelphia theatrical productions: (1) 2012 Pulitzer Prize drama winner Water by the Spoonful on 3/12 at 2 pm at the Arden Theater; (2) a unique musical nominated in 1998 for numerous Tony's, Side Show, at the 11th Hour Theatre Company on Sunday, 3/16, at 3 pm; (3) the winner of the 2013 Tony for Best Play, Vanya and Sonia and Masha and Spike on 4/2 at 1 pm at Philadelphia Theater Company. Reflect on and discuss these plays with fellow theater buffs.

Instructor: Priscilla F. Clement taught History for over 40 years at Penn State Brandywine. She is an avid theatergoer and served for five years as a Barrymore Nominator (Philadelphia equivalent of the Tony award).

Wed., 1–2:30 pm • Limit 15

Swarthmore Borough Hall, Community Room

40) BEGINNING BIRDING** 4 wks • (starts 4/3) • Tuition \$29

Expand your enjoyment of the natural world by meeting our feathered neighbors. Learn to identify birds at your feeder and beyond. By the end of this class you will be able to identify 20+ birds and have the basic skills to identify more using binoculars and a field guide.

Instructor: Laura Matika has been birding since age 7 and has extensive experience in several different habitats.

Thurs., 7:30-9 am • Limit 15

**If you have them, bring binoculars and a field guide to class.

DAYTIME CLASSES (CONT.), SWARTHMORE BOROUGH HALL COMMUNITY ROOM, unless noted. DAYS and DATES SHOWN

41. MAH JONGG

6 wks • (starts 3/6) • Tuition \$42 (plus \$8 for '13 card)

If you are a beginner or someone who has played Mah Jongg before, join us to perfect your skills playing one of the oldest, most entertaining, and challenging games. Bring your 2013 Mah Jongg card obtained from the National Mah Jongg League at http://www.nationalmahjonggleague.org/. Beginners—YOU CAN'T PLAY WITHOUT THE CARD (cost \$8).

Instructor: Barbara Penny is a lawyer and experienced Mah Jongg player. She has been teaching the game for many years. *Thurs. 10 am-noon*

42) NEW! THE PHILLIES AND THE WORLD SERIES

3 wks • (starts 4/3) • Tuition \$34

(includes guided tour of Citizens Bank Park, date TBA)

The Philadelphia Phillies are known for having the most losses of any franchise in sports history, but they have been to the World Series 7 times. Although they have only won twice, some of baseball's greatest players have been on those teams. Examine these teams and their opponents and discuss the team that has provided so much heartbreak to its fans over 130 years! Also, take a look at this year's team on a tour of the Phillies' home field: Citizens Bank Park.

Instructor: See #33

Thurs. 1-2:30 pm

43. NEW! WORLD WAR II IN THE PACIFIC

Learn about the United States' conflict with Japan from the attack on Pearl Harbor on Dec. 7, 1941, through the surrender of the Japanese on Sept. 3, 1945. Examine strategies, tactics, weaponry, and the leaders who played key roles in the conflict. *Instructor:* See #33

4 wks • (starts 3/6) • Tuition \$28

Thurs., 1-2:30 pm

BOARD OF DIRECTORS

Allen Becton Susan Larson
Betty Becton Pat Morlok
Peg Christensen Vicki Nees
Priscilla Clement Phyllis Raymond

Jill Cortazzo Lynn Meza, Registrar

Carol Fanconi Jane Standish, Administrator

REGISTRATION

FALL 2013 CLASSES BEGIN February 27 AND MARCH 3, UNLESS OTHERWISE NOTED

- **REGISTER ONLINE** to immediately secure your spot in class, with a confirmation email sent. Online payments taken through WSCC use PayPal—the registrant DOES NOT need to have a PayPal account.
- To pay with a check, send full payment with the form below. Send separate checks and forms for each class. You are enrolled in the class unless you hear otherwise from us. Checks may not be deposited until a class is full.
- **NO REFUNDS** will be made except for cancelled classes. Credits are issued at the discretion of the registrar before classes begin. No credits will be issued after the semester begins.
- We offer adult education classes. We cannot accommodate children of students or instructors.
- A student may bring a guest to one class. Contact the registrar 610–566-5786 for fee information.
- In case of inclement weather, the TV and radio emergency ID# is **2499**.
- Walk-in registration is on February 20 from 7:30–8:30 pm at Strath Haven High School (Brookhaven entrance).

PLEASE PRINT and Mail with full payment to: WSCC, PO Box 141, Wallingford, PA 19086

Course title		Course number	
Tuition \$	Check #	Total enclosed \$	
Name			
Email		Phone	
Address			
Additional Registrant Names (if paying for multiple people):			



SPRING 2014 OUR 49TH YEAR OF SERVICE TO THE COMMUNITY

NON-PROFIT ORG. U.S. POSTAGE PAID WALLINGFORD, PA PERMIT NO. 16

CARRIER ROUTE PRESORT

RESIDENTIAL CUSTOMER

TIME VALUE

PO BOX 141 WALLINGFORD, PA 19086

REGISTER ONLINE NOW TO SECURE YOUR SPOT IN CLASS • www.wscclasses.org • 610–566-5786 See back page to register by mail. Fall classes begin February 27 and March 3, unless otherwise noted.

5 wks • Tuition: \$28

NEW CLASS MONDAY NIGHT Class starts March 3

1. NEW! U CAN UKE

Start on the road to a lifetime of fun with this old/new instrument—the ukulele. Learn the basics, from a simple understanding of the instrument to chord formation, strumming, and song selection. As you grow more confident, choose your own songs and take ownership of your arrangements. Each student must have a ukulele.

Instructor: Steven Bolinger is an architect by trade who happens to play the ukulele with the group the Swukestra. He is self-taught on the uke and guitar. He can recommend ukes and suggest where to buy them.

Room 304 • 7:30-8:30 pm • Limit 12

NEW CLASS TUESDAY NIGHT Class starts March 4

9. ART HISTORY: THE GOLDEN AGE OF PAINTING IN NORTHERN EUROPE

8 wks • (3/4-4/22) • Tuition \$44

Learn about Dutch and Flemish art from the 17th Century including works by Rembrandt, Vermeer, Rubens, and Steen. Study paintings in nearby museums and be prepared to dazzle friends and family with your art historical skills on your next museum visit.

Instructor: Rachel Zimmerman is an advanced Ph.D. student in Art History at the U of Del. She has taught Art History for 4 years.

Class held at SWARTHMORE BOROUGH HALL, 121 Park Ave., Swarthmore, Community Room • 7–8:30 pm • Limit 30

NEW CLASSES THURSDAY NIGHT • Classes start February 27

14. NEW! KITCHEN PLANNING 101

2 wks • (4/3-4/10) • Tuition \$27

Learn the basics of good kitchen design from where and how to store your most precious pots, pans, and dishes to where to place new and old appliances. Empower yourself to tackle the design of the most important room in your house.

Instructor: Dan Meza, AIA, is an architect with over 15 yrs experience in commercial, institutional, and residential design and construction.

Room 313 • 7−9 pm • Limit 15

28. NEW! TOTAL BODY SCULPT

8 wks • (no class 4/17) • Tuition \$42

Discover how to sculpt and tone your entire body. Focus on and completely isolate parts of the body in different segments of the course. Enjoy ample time to build and create long and lean muscles. Persons of all ages and fitness levels will find plenty of exercise options in this class. Please bring a mat and hand towel to class.

Instructor: See #21

Cafeteria • 6:40–7:45 pm • Limit 25

MORE NEW CLASSES CAN BE FOUND THROUGHOUT THE CATALOG.

FOR MORE INFORMATION ABOUT WSCC CLASSES, CALL OUR INFORMATION LINE AT 610–566-5786
OR EMAIL: WSCCLASSES@GMAIL.COM.
DO NOT CALL ANY SCHOOL OFFICE, AS THEY DO NOT HAVE INFORMATION ABOUT WSCC.

MONDAY NIGHT • Classes start March 3 (unless otherwise indicated)

2. BEGINNING HARMONICA

6 wks • Tuition \$42

Are you ready to really play that harmonica you've stashed away in a drawer or closet? Would you like to be able to improvise solos and play with other musicians? Join us to learn tongue blocking, grooves, octaves, and bends all played over a simple I, IV, V blues progression. Play to the guitar accompaniment of your instructor and receive free instrumental CDs to help build your skills and confidence. Everything leads up to a final open mic night finale!

Instructor: James Day is a bandleader and sideman for several area bands. He has played blues festivals in the US, Canada, and Europe. He prides himself on being humorous, entertaining,

Room 313 • 6:30-8:30 pm

3. CREATING STAINED GLASS

8 wks • (no class 4/14) • Tuition \$50: materials extra Join an exciting class for lovers of stained glass—an art form that originated 1000 years ago. Those new to the art will learn to cut glass, use foil, solder, and make several small pieces. More advanced students will work on their own pieces with advice from the teacher. The cost of tools, supplies and glass (which may be \$100) will be discussed the first night of class.

Instructor: Betty T. McConnell is the owner of Creations in Stained Glass in Prospect Park.

Room—The Shop • 7–9 pm • Limit 14

4. DIGITAL PHOTOGRAPHY I 5 wks • (3/10-4/7) • Tuition \$40

Learn how to use that new digital camera—whether simple or complex. Get the basics on digital technology and start to compose great photos. Take lots of photos for weekly assignments and learn how to edit them using simple photo editing

Instructor: Bob Brooke's photos have appeared in many travel and antiques magazines. For the last decade he has explored digital photography with many cameras. He's anchor for Temple's digital photo program in Ft. Washington.

Room 310 • 7–9 pm • Limit 12

5. ORGANIZING YOUR DIGITAL PHOTOS

2 wks • (4/21-4/28) • Tuition \$26

It's so easy to take digital photos that in no time you'll have thousands. Finding the photo you want right now can be a nightmare. Learn ways to store and organize your photos so they'll be instantly accessible as you create photo shows that captivate your friends and family.

Instructor: See #4

Room 310 • 7-9 pm • Limit 14

6. ITALIAN FOR BEGINNERS

8 wks • (no class 4/14) • Tuition \$44

Learn everyday vocabulary for your next trip to Italy from a native speaker. Practice conversation with a good accent and learn basic grammar. Bring Italian Now, Level I by Marcel Danesi (Barron's) to the first class.

Instructor: Salvatore Faro earned an MA from the University of Turin in Italy. He has taught Italian to high school students for 25 years.

Room 306 • 6:30–7:55 pm • Limit 14

7. ITALIAN CONVERSATION—ADVANCED

8 wks • (no class 4/14) • Tuition \$40 If you have well-established Italian skills—roughly equivalent to 2 years or more of study—join our conversation! Discuss current events; practice your slang and idiomatic expressions. Improve your speaking, grammar, vocabulary and pronunciation.

Instructor: See #6

Room 306 • 8-9 pm • Limit 14

8. EXPLORING MEDITATION

8 wks • (no class 4/14) • Tuition \$44

Meditation changes the way we live by teaching us to think differently. Begin with practices that tame the discursive mind and bring your awareness into the present moment with sitting and walking. Explore sensory awareness, listening, working with emotions, heart practices, and meditative contemplation. This course is for anyone interested in regular practice of meditation. Both old and new students are welcome.

Instructor: Lelia Calder has studied and practiced many different kinds of meditation. Her training as a meditation instructor is in the Tibetan Buddhist tradition where she has also done extensive retreat practice under the guidance of Pema Chodron, who is her main teacher. See also www.leliacalder.com Room 355 • 7:15-8:30 pm • Limit 15

CLASS LOCATIONS

Most daytime classes are held at Swarthmore

Most evening classes are held at Strath Haven

High School, 205 S. Providence Rd. There are two

entrances. Brookhaven Road gives access to the

cafeteria as well as the 2nd and 4th level class-

300 level classrooms. Confirm the location in the

brochure. For information, contact: 610–566-5786

WSCC is a nonprofit corporation dedicated to providing

low-cost education classes for adult residents of the area.

Classes are NOT sponsored by the school district, but are

organized and administered by a board of directors made

If you have suggestions for classes you would like us to

offer, please speak to the on-site administrator or call:

rooms. Providence Road is your best choice for

or wscclasses@gmail.com.

of volunteers.

610-566-5786.

Borough Hall, 121 Park Ave. in the center of town.

Learn to make your writing—either fiction or non-fiction—come

Instructor: Bob Brooke has been a professional writer for 29 years and has published several thousand articles in a variety of venues. See his website at www.bobbrooke.com

Room 310 • 7–9 pm • Limit 10

17. GUITAR

Learn the basics of guitar play including note reading, single

sical music and has performed solo and with a group for 40 years. He has written many compositions and arrangements for solo guitar.

1 wk • (3/18) • Tuition \$31

creamy triple-crème cheese and big, bold imperial stouts with rich artisanal blue cheeses.

Class held at PINOCCHIO'S BEER GARDEN TO GO, 131 East Baltimore Pike, Media, PA 7:30-9 pm • Limit 30

THURSDAY NIGHT • Classes start February 27 (unless otherwise indicated)

13. NEW! FAMOUS TRIALS IN HISTORY

5 wks • (2/27-3/27) • Tuition \$31

Examine 5 famous trials in history and how each was both hugely significant in the past and is still very relevant today. Start with the trial of Socrates in 399 BCE and learn the relation of the trials to their time and place and their connection to each other. After Socrates, study the trials of Gaius Verres (70 BCE), Jesus Christ (30), Martin Luther (1521), and Thomas More (1535).

Instructor: John Pino has studied Philosophy and has a special interest in religion and current events. He has taught about famous trials at Widener and for Rose Tree-Media Community Classes.

Room 308 • 7:45-8:45 pm

15. BEGINNERS' BRIDGE 8 wks • (no class 4/17) • Tuition \$43

Calling all persons who are new to Bridge and want to play a game that will provide enjoyment, mental stimulation, and a great opportunity to meet new people. Join this group for beginners only and learn conventions and basic techniques that will enable you to play this challenging game.

Instructor: John Pino has taught Bridge for many years and was the winner of the 2012 World Wide Bridge Federation Contest. Room 312 • 6:30-7:30 pm

16. NEW! LEARNING TO WRITE CREATIVELY

6 wks • (3/6-4/10) • Tuition \$40

alive with creative techniques. Discover how to express yourself more precisely, set a mood, use people more effectively, handle conversation, and create a point of view.

8 wks • (no class 4/17) • Tuition \$38

note playing, chords, and right-hand techniques. All you need is a guitar and Hal Leonard's Guitar Methods (Book 1). This course is great for both beginners and more experienced guitar-players.

Instructor: Tony D'Addono has taught jazz, blues, rock, and clas-Room 304 • 7:30-8:30 pm • Limit 12

TUESDAY EVENING BEER TASTING

10. CRAFT BEER TASTING

Come explore the principles of pairing craft beer with fine cheeses and other foods. We'll try complex Belgian ales with

Instructor: Daniel Shaw has worked in different craft breweries including 3 years as manager of Pinocchio's Beer Garden To Go, 2011 Best of Philly Best Beer Shop.

18. NEW! INTRODUCTION TO WATERBATH CANNING

Looking forward to the bountiful produce of summer? Enjoy it for months to come by learning how to can fruit jams and preserve pickles. The lucky students in this class will each take home two jars of each preserve they make.

Instructor: Corrinne Fahl has been preserving local foods for four years.

Room 349 • 7–9 pm • Limit 10

19. THE ART AND SCIENCE OF BECOMING A GREAT COOK

4 wks • (3/6-3/27) • Tuition \$54

3 wks • (4/3,4/10,4/24) • Tuition \$53

Improve your culinary skills by examining both the art and the science of great cooking. Become a more adventuresome cook as you learn roasting, braising, sautéing and how to discern the difference between taste and flavor. Acquire proper knife skills and learn what is the best and latest in kitchenware, gadgets, cookbooks, and websites. Enjoy lots of hands-on experience.

Instructor: Jack Cavanaugh loves to cook. He is the former GM (now retired) of the Swarthmore Co-op where he focused on fresh, local foods. Marty Spiegel, Swarthmore Town Center Coordinator and accomplished amateur cook, will assist Jack.

Room 349 • 7–9 pm • Limit 12

20. WOODCARVING 8 wks • (no class 4/17) • Tuition: \$54

Come carve with us! We'll be carving a variety of caricatures including Santa Clauses and cowboys. Bring your own hand tools—required. Feel free to bring works in progress. Please indicate on the registration if you are a beginner or have any experience.

Instructor: Richard McCall has been carving for 25 years with Delaware Valley Carvers, the National Woodcarvers Association and William Rush Wood Carvers.

Room—The Shop • 7:30–9 pm • Limit 10

TUESDAY EVENING WINE TASTING

11. EAST COAST WINES

1 wk • (3/25) • Tuition \$30

Explore with us how the quality of East Coast wines has increased exponentially in recent years. Taste exciting examples from NY State, PA, VA, and possibly NJ and MD depending on availability. Discover how these areas have turned the corner and now produce world-class wines.

12. 90 POINT WINES 1 wk • (4/22) • Tuition \$30

Join us for an evening of tasting wines from all around the world that are rated by critics to be 90 points or above. Are they really worth the attention or just so much hype? There will be no bad wines, but this will be a great opportunity to test your skills in "The Judgment of Swarthmore."

Instructors: Richard Unti and Robert Peters have taught at the Main Line School, Ambler Campus of Temple U., and the Restaurant School at Walnut Hill. They are members of the Society of Wine Educators.

Both wine classes meet from 7:30–9 pm at Hobbs Coffee House at 1 Park Ave., Swarthmore • Limit 32 per class.

MONDAY NIGHT SPORTS FUN FITNESS • Classes start March 3 (no classes April 14)

21. CARDIO KICKBOXING** 8 wks • (no class 4/14) • Tuition \$42

Bored with cardiovascular activities in the weight room? Try Cardio Kickboxing and improve your strength, cardio fitness and flexibility using martial arts and boxing techniques. Learn easy-to-follow combinations for a total body workout.

Instructor: Bridget Pothier is a graduate of Strong, Stretched and Centered of Maui, HI. She is certified in personal training, group exercise and yoga. She is currently group exercise instructor, personal trainer and belly dance instructor at Ridley Sports Club.

2nd Floor Hallway • 6:45–7:45 pm • Limit 25

** Wear comfortable clothing and bring a mat

22. ZUMBA-ZUMBA ® TONING MIX 8 wks • (no class 4/14) • Tuition \$42

Come join this exhilarating, Latin-inspired, dance fitness party, which is Zumba®. Combine that with body-sculpting techniques and get a calorie-burning, strength-training class. Learn toning exercises to build strength and tone all the target zones.

Instructor: Mary Kingston has 30 years dance experience, 20 in fitness. After she discovered Zumba® 4 years ago, she became licensed to teach several of the Zumba® formats.

Use of weights is recommended. Bring them if you have any.

Cafeteria • 8–9 pm • Limit 25

23. PILATES MAT: LEVEL I** 8 wks • (no class 4/14) • Tuition \$42

Discover a way to reduce back pain, improve your posture, and energize your lifestyle. Join this beginner mat class to focus on the fundamental principles of Pilates: controlling and concentrating for mind-body connection; working from the center (core); aligning the body properly; sequencing the body to avoid overuse of any one muscle group; and breathing properly.

Instructor: Maureen Fleagle has been a practicing physical therapist for over 30 years. She is presently employed by Main Line Health System at Lankenau Outpatient Rehabilitation Center in Wynnewood. She attained her Pilates certification in 2005.

24. PILATES MAT: LEVEL II** 8 wks • (no class 4/14) • Tuition \$42

If you have already taken the first level Pilates class at WSCC or have had a beginner session of mat Pilates elsewhere, join this Level II class, which will incorporate movement beyond the fundamentals to enhance core strength, increase flexibility, and strengthen the student's practice.

Instructor: See #23

4th Floor Hallway • 7:40-8:40 pm • Limit 25

**A cushioned Pilates mat is highly recommended for both courses.

25. BELLY DANCING

8 wks • (no class 4/14) • Tuition \$42

Come burn off calories and work up a sweat as you learn the exotic style and art of belly dancing. Fun, easy, and effective. No dance experience required.

Instructor: See #21.

2nd Floor Hallway • 7:50–8:55 pm • Limit 25

26. DANCE, DANCE, DANCE! FOX TROT, TANGO, MERENGUE

8 wks • (no class 4/14) • Tuition \$42

Come learn three popular ballroom dances. No experience necessary! Have a wedding in your future or another special occasion? Join this class and prepare to dazzle those who see you dance.

Instructor: Joseph Rossano has been teaching for the Tish Sweeney School of Dance for more than 10 years. He also taught at the Newtown School of Dance and Dance Partners. He has been teaching for WSCC since 2001.

Cafeteria • 6:40-7:45 pm • Limit 20

27. CO-ED RECREATIONAL VOLLEYBALL

8 wks • (no class 4/14) • Tuition \$44

8 wks • (no class 4/17) • Tuition \$42

Get into shape by playing volleyball! Learn the fundamentals of serving, digging, and spiking. All ability levels welcome

Instructor: Kevin Haney is an English Instructor in the WSSD and has been a head volleyball coach for many years. He received his BA in English and Secondary Education from Widener and his MA from the U. of the Arts.

Gym • 7:30–9 pm • Limit 30

THURSDAY NIGHT SPORTS FUN FITNESS • Classes start February 27 (no classes April 17)

29. ZUMBA® FITNESS

4th Floor Hallway • 6:30–7:30 pm • Limit 25

8 wks • (no class 4/17) • Tuition \$42

Come join this exhilarating, easy-to-follow, Latin-inspired, calorie burning dance fitness party. Zumba® features exotic rhythms set to high energy Latin and international beats. You'll have a blast while working up a sweat.

Instructor: See #22.

Cafeteria • 8–9 pm • Limit 25

30. HATHA YOGA**

6 wks • Tuition \$32

Whether you are a beginner or an experienced practitioner of Yoga, this class is for you. Join in mindful Yoga practice that explores postures, alignment, & breath. Leave feeling relaxed, refreshed, and re-energized.

Instructor: Val Boyko is a registered Yoga instructor with more than 2 years experience. She began in mid-life and believes it's never too late to start or to come back to Yoga.

**Bring a sticky mat.

4th Floor Hallway • 7–8 pm • Limit 25

31. LINE DANCING

If you are a beginner or have tried line dancing, come have fun

Instructor: Pepper Walling has been teaching country line and couples dancing since 1994. For the past 13 years she has taught weekly at the Wilmington Elks Lodge.

learning the basic dance steps in Country Line Dancing.

2nd Floor Hallway • 7:30-8:30 pm • Limit 25

32. RED HOT DANCE FITNESS 8 wks • (no class 4/17) • Tuition \$42

Are you ready to learn the hottest dance moves while dancing to the hottest music? Beginners build confidence with easy to follow dance moves set to your favorite songs, while the advanced dancer is challenged as more difficult choreography is layered in. You'll be addicted to this invigorating, exhilarating, liberating, and calorie burning dance party from the first beat.

Instructor: Heather Fili has loved to dance ever since she was a kid. She discovered Red Hot Dance Fitness, which she loved so much she became a certified teacher of the program.

2nd Floor Hallway • 6:30–7:30 pm